

WARREN COUNTY HEALTH DISTRICT

News and Information



Public Health
Prevent. Promote. Protect.

WCHD's Role in Pool Safety

As Memorial Day weekend approaches and pools across Warren County prepare to open for the season, the Environmental Health Division of the Warren County Health District (WCHD) is already hard at work. Registered Environmental Health Specialists are visiting every licensed public pool in the county, from hotel pools to community recreation centers to splash pads, checking water chemistry, disinfectant levels, filtration systems, safety equipment, and overall facility conditions before swimmers step onto the pool deck.

This work matters because poorly maintained pool water can harbor harmful bacteria and pathogens, and physical hazards at poorly inspected facilities can pose serious injury risks. WCHD's inspection process is among one of the most important lines of defense keeping Warren County swimmers safe all summer long.

WCHD's commitment doesn't stop at opening day! WCHD Environmental Health staff conduct follow-up inspections throughout the entire swim season, responding to complaints and re-inspecting facilities on a monthly basis.

For more information, visit warrencohealthoh.gov.

WCHD News and Information is going Digital!

We're excited to share that the WCHD News and Information will soon be transitioning to a fully digital format, with the last physical copy being mailed in May of 2026.

If you prefer to continue to receive a mailed paper version of the newsletter please call 513-695-3126 or email combar@warrencohealthoh.gov by **May 15, 2026**.

SCAN
ME!



warrencohealthoh.gov/about/newsletters

What's Happening at WCHD?



May 25- Memorial Day:
WCHD CLOSED



We are on the road!
To see where we are headed, visit
warrencohealthoh.gov/mobile-clinic-calendar



FREE naloxone kits and fentanyl test strips. To set up a time for pick up, call 513-695-1271.



Vaccination Clinics! Adult and childhood vaccines available. Call 513-695-1468 or 513-695-1229 to get scheduled.



Health Education! The Health Education Program keeps the community informed of important health issues and implements services/programs to improve the health, safety and wellness of citizens in Warren County. For more information on programs, services or health presentations available for community groups, please contact 513-695-2475.





May is Lyme Disease Awareness Month- Here's What To Know

As the weather warms and we spend more time outdoors, May serves as an important reminder to stay aware of Lyme disease, the most common tick-borne illness in the United States. In 2025, approximately 269 cases of Lyme Disease reported in Warren County residents.

What is Lyme Disease?

Lyme disease is caused by the bacterium *Borrelia burgdorferi* and is transmitted to humans through the bite of infected black-legged ticks (commonly called deer ticks). While the disease is treatable, especially when caught early, it can cause serious complications if left unaddressed.

Signs and Symptoms

The earliest and most recognizable symptom is a circular, expanding rash, often described as a "bull's-eye" pattern, that appears at the site of the bite within 3 to 30 days. Other early symptoms can include fever, fatigue, headache, and muscle or joint aches. Not everyone develops the rash, so it's important to be aware of all possible symptoms, particularly after spending time in wooded or grassy areas.

How Can I Protect Myself from Tick bites?

Prevention is simple and effective. Use an EPA-registered insect repellent, wear long sleeves and pants in wooded or grassy areas, and stick to the center of trails. After coming indoors, shower promptly and do a full-body tick check, including the scalp, behind the ears, and behind the knees. Don't forget to check your pets, too! If you find a tick, remove it with fine-tipped tweezers, grasping as close to the skin as possible and pulling upward with steady pressure. Clean the area with rubbing alcohol or soap and water, then monitor the bite site and your health for the next few weeks.

When Do I Need to See a Doctor?

If you develop a rash, flu-like symptoms, or joint pain after a tick bite or outdoor activity, contact your healthcare provider promptly. Early antibiotic treatment is highly effective.

To learn more about Lyme Disease, visit www.cdc.gov/lyme/.

Do you know that WCHD offers "Tick Pick Kits" at no cost for Warren County Residents? These kits include tweezers, instructions on how to safely remove ticks, and a tick identification card.

Stay Safe at the Cookout This Summer

Summer means good weather, good company, and a backyard full of great food. Before you fire up the grill, keep these simple safety tips in mind so your season stays fun for everyone.

Be Grill Smart

Keep your grill at least three feet away from your home, deck railings, and anything flammable. Never leave a lit grill unattended, and keep children and pets at a safe distance. Once you're done cooking, make sure the grill is fully cooled and the gas is shut off before heading inside. One often-overlooked hazard: wire bristles from metal grill brushes can break off and stick to the grill grates, ending up in your food. Consider switching to a bristle-free brush or a wooden scraper to clean your grill safely.

Food Safety

Warm weather and food don't always mix well. Keep cold foods chilled until it's time to serve, and don't let cooked foods sit out for more than two hours. Use a meat thermometer to ensure everything reaches a safe internal temperature, burgers to 160°F and chicken to 165°F.

Stay Hydrated

It's easy to forget to drink water when you're having fun in the heat. Keep plenty of water on hand, encourage guests to take breaks in the shade, and keep a close eye on kids and older adults who are more vulnerable to heat-related illness.

To learn more about additional safety measures you can take this summer, be sure to check out www.redcross.org/get-help/how-to-prepare-for-emergencies/types-of-emergencies/summer-safety.html?srsltid=AfmBOorZtewf6HkaToM5k2m6zT-X6_DNJTUCmZ8wXG-pMofQxW1GV7vI.

THE WCHD NEWS AND INFORMATION IS A MONTHLY PUBLICATION THAT IS AVAILABLE FREE OF CHARGE. SUBSCRIPTIONS ARE AVAILABLE BY MAIL OR EMAIL. IF YOU WOULD LIKE TO BE ADDED TO OUR DISTRIBUTION LIST, PLEASE CONTACT ALLISON COMBS, 513-695-3126, OR COMBAR@WARRENCOHEALTHOH.GOV.

